There are three types of diabetes, two are related to insulin which regulates our blood sugar levels. Having type 1 diabetes means that you are unable to produce enough insulin, so you need to inject insulin to survive. The more common type 2 diabetes is when insulin cannot be used properly by the body - this type can often be managed through diet and exercise. The third type is related to pregnancy.

The highest diabetes prevalence is in North America. Of the total North American cases, 4% are in Canada, 33% are in Mexico, and 62% are in the United States. The largest population of diabetics in 2001 was in India: 56 million people.

“Diabetes is responsible for over one million amputations each year. It is a major cause of blindness. It is the largest cause of kidney failure in developed countries and is responsible for huge dialysis costs.”

Unite For Diabetes, 2006